



AFPST
ARMED FORCES
PARA-SNOWSPORT TEAM

ANNUAL REPORT

2018/19

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Celebrating Eight Years of the Armed Forces Para-Snowsport Team (AFPST)

and the eleventh season in the history of the charity. This Annual Report details the work of the Charity and lays out the accounts for all stakeholders.



CEO Overview

Building a snow family

This year has seen further phases of planned growth, measured in terms of athletes, volunteers and the financial resources available to support our outcomes. Building upon the success of the 2018 Winter Paralympic Games and the continued spotlight that the Invictus Games shines upon the power of adaptive sport to aid recovery, we experienced unprecedented demand at our New Comers event. In fact, the demand was so high we had to run a second session.

The maturity of our three disciplines (para-Alpine, para-Nordic and para-Snowboard) and the evolving opportunities for athletes and staff to gain instructor and coaching qualifications continues to encourage a sense of belonging to a 'snow family'. This was reinforced with our first 'families snow weekend' that allowed athletes and their loved ones to create shared memories and for the teams to bond. The weekend, hosted in the UK, even featured our first run out at adaptive Ice Hockey. We have seen how this sense of belonging aids physical, mental and social recovery and improves the resilience of every person involved. We are passionate about providing opportunities for all our beneficiaries to improve their skills on snow, regain their independence and, for those with the inclination and talent, forge pathways to compete at the highest level.



As part of the introspective analysis, we have updated our vision to be:

“Supporting the recovery of our wounded, sick and injured military personnel and veterans through the restorative power of competitive sport.”

Competition is the vital ingredient.

Competition adds an edge to the overall experience, providing a galvanizing purpose for the team to focus upon. This season began with pre-Christmas training camps, leading into the annual military ski and snowboard championships in the new year. Athlete attendance at the Army, RAF, Inter-Service and Scottish Ski Championships provided an opportunity to race alongside able-bodied peers and to demonstrate the power of adaptive sports. To see the inspirational example our men and women provide on snow really is humbling. With each race, ride or turn they embody a sense of service, sacrifice and an unstoppable drive to rise and conquer the challenges before them.



Competitions

Whilst the charity is not singularly focused upon elite para-snowsport, events such as the Paralympics allow a global spotlight to shine on the power of sport in a more inclusive world. Our own Scott Meenagh and Owen Pick, having represented GB at the Paralympic Winter Games in 2018, continue to inspire the

next generation of potential athletes, breaking barriers and redefining possibilities. In their slipstream, the performance teams have competed at the British Ski and Snowboard Championships and on the Europa and World Cup circuits, with some fantastic early results that bode well for the Games in 2022.



Partnerships

We could not achieve the transformational impacts that we do without the exceptional vision and support provided by our partners and donors.

The Royal Foundation's Endeavour Fund continues to provide vital support towards the delivery of our activities, amplifying our message and developing our network of friends and partners that in turn reinforce our work. We continue our critical relationships with Help for Heroes, Veterans Foundation and the Armed Forces Benevolent Funds and are delighted by the para-Nordic performance; progress that has been made possible by our relationship with Williams F1. Finally, we are thrilled to have secured a long-standing partnership with GB Snowsport. Following a merger with British Para-Snowsport in 2018, GB Snowsport is now responsible for delivering world class programmes across the Paralympic disciplines. This alliance will allow a greater breadth of aspiring athletes to access our foundation level, with opportunities for the most promising to compete on the international stage.

We rely upon and remain very grateful to our many corporate and private donors. However large or small, every penny counts towards delivering our outcomes on snow. Leonardo remain our mainstay corporate sponsor. Inspired by the journey that AFPST can provide our athletes, Leonardo provide vital funds and the time and energy of their workforce. We are extremely grateful for the support of Allen and Overy who, for a second year running, donated their City of London facility to host our annual fundraising evening. Team Army (Team Ethos) have brought a myriad of industries to aid our cause this year. It is not just a transactional or financial relationship we seek to develop; our aim is to welcome supporters to our wider snow family. Companies such as Trend Micro, AIG, Astute, St James Palace and CVC have been able to offer opportunities for our Team to participate in events across Europe and America, allowing us to reach different audiences with our inspirational athletes and their stories of overcoming adversity.

Discipline Overview

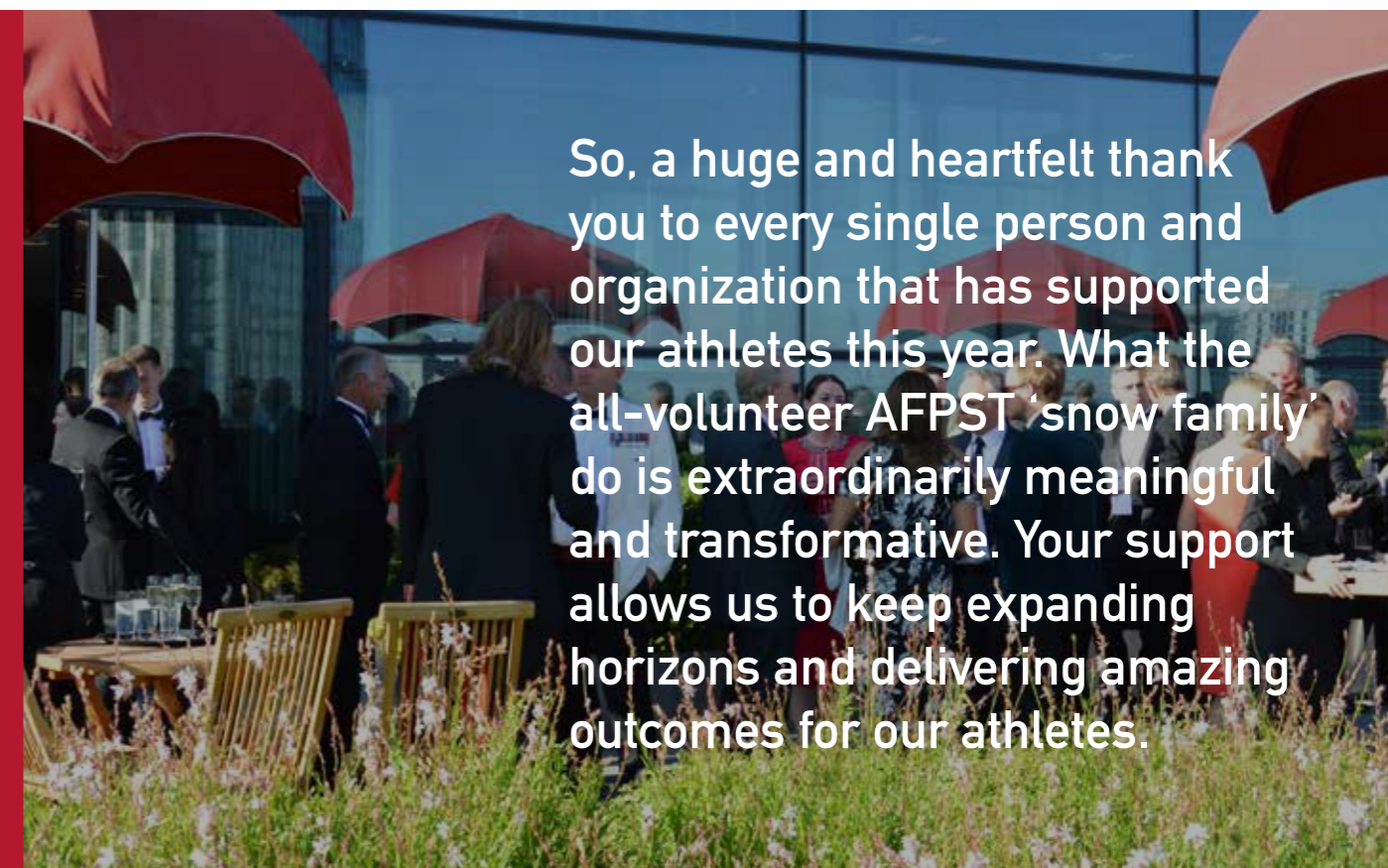
Supporting the recovery of our wounded, sick and injured military personnel and veterans through the restorative power of competitive Snowsport.

We help serving military personnel and veterans recover both mentally and physically through challenge and competition on snow. From beginners joining our Foundation Team to Winter Paralympic hopefuls, we offer opportunities for all abilities.

The 2018 Paralympics proved to be a fantastic springboard for this last season. Our Newcomers event received unprecedented numbers. In fact, demand was so great we had to put on two separate events! Every individual is given the opportunity to receive instruction in one of three disciplines; Snowboarding, Alpine or Nordic skiing. All activities are led by a small group of dedicated volunteers, without whom we could not operate.



So, a huge and heartfelt thank you to every single person and organization that has supported our athletes this year. What the all-volunteer AFPST 'snow family' do is extraordinarily meaningful and transformative. Your support allows us to keep expanding horizons and delivering amazing outcomes for our athletes.



Nordic and Alpine

Scott Meenagh's superb performance in South Korea has inspired a whole new intake of military and civilian Nordic athletes to the GB programme.



As a charity, we are currently delivering the British Nordic Team alongside our key partners, Williams F1, AECC and GB Snow Sport. Scott Meenagh's superb performance in South Korea has inspired a whole new intake of military and civilian Nordic athletes to the GB programme.

At the Foundation level, the team has doubled in size, with beneficiaries training in the UK and overseas. The season ended with a gruelling 55-mile ski marathon in Finland. The event wasn't just a physical challenge, but a hugely successful fund raising effort made by the team.

The Alpine Crew

Two of our talented athletes, Dan Sheen and Alex Slegg have taken part in the Paralympic Inspiration Programme this season resulting in a positive ripple effect throughout the Alpine discipline. Under the brilliant guidance of Major Nikki Jordan and her team of coaches, four athletes have medalled at the International level and are demonstrating real potential for 2022.

This season, we hosted the biggest ever Foundation camp with thirty athletes in Stubai in November. A large number of these new comers progressed to the military competitions in January and February where they got to experience the thrill of competition.

The Snowboarders



From very small beginnings and under the leadership of John Connelly we have trebled our instructor base, meaning we can take even more athletes out onto the slopes to experience this exhilarating sport. We continue to push the boundaries of classification with some extraordinary athletes – two double, above knee amputees, Lee Lloyd and Darren Swift as well as the only UK blind snow boarder, Ben Shaw.

Darren Swift reflects on the healing power of snow. 'I believe in getting everyone into the mountain environment to experience it, even if it's just the one time. AFPST enable this to happen'.

Our partnership with military snowboarding has been a great model for delivering maximum opportunity with the team competing at all levels, from Foundation to the British Championships. This inspirational group of athletes continue to showcase what is possible in adaptive snowboarding.

Athlete Testimonials



Scott McNeice (Mc1Knee)

Para-snowboarder Scott McNeice, otherwise known as Mc1Knee is a man who does not fight shy of a challenge. He was first introduced to the AFPST when training for Invictus, in the autumn of 2018. At a Foundation training camp in Castleford, he asked which snowsport discipline would be the hardest for him to learn. As a single above knee amputee, the answer was unequivocal. Snowboarding. Without a specialist prosthetic, it is incredibly difficult, if not impossible to get down the slope with any element of control. Scott realised then, he could become the first UK, single, above knee amputee snowboarder (that we know of), aspiring for the Winter Paralympics Beijing in 2022. With no previous experience to draw from, Scott Mc1Knee remains undeterred. 'I was a biker before my injury. Snowboarding gives me the same adrenaline rush I used to get from my biking days'.

Scott's story:

Prior to his medical discharge, Scott served 16 years as a Health Care Assistant in the Nursing Corps.

'It all started with a service related knee injury. I was carrying weight on my back and awkwardly turned a corner. I felt a crunch as I ripped the side of my knee. This left it weak and susceptible to further injury. Before long I found myself booked in for corrective surgery. Complications from this led to acute compartment syndrome, nerve damage, and a raging infection which took hold of the area and ultimately destroyed the remaining tissue below my knee'.

Ten months of excruciating pain followed before an elective amputation took place. Since January 2017, Scott has undergone eighteen operations. One of which involved taking tissue from his right thigh to try and save his injured leg. The operation failed leaving his right leg with diminished feeling and a loss of power. The amputation did initially trigger intense phantom pain, caused by the brain trying to send scrambled electrical signals down to toes that no longer exist. Under the watchful eye of Col. Cubison, Scott had innovative surgery known as TMR, which has left him virtually pain free.

Tell us about your first experience on a snowboard?

'My journey with AFPST started in Castleford. By the end of that first week, I found that I was helicoptering down the slope far less; a disconcerting experience caused by my walking prosthetic not being up to the job! I wasn't concerned about the risk despite coming away with quite a few epic bruises. I do however have a secret weapon which is my fiancée Caitlin Stokes - I have landed on

my feet (pardon the pun). Caitlin is not only a sports massage therapist and scarworker but has also started a Masters in Amputation and Prosthetic Rehabilitation. There is an ongoing joke that myself and the other AFPST athletes are R&D, but knowing that she is always there in the wings to patch me up, put me back together physically and give me the encouragement to believe I can achieve anything I put my mind to, makes me feel invincible.

Back then, at the very beginning I wanted to prove to myself that I could do something different; something I'd never done before. One of my team mates, a double above knee amputee called "Swifty No Toes" (because he's fast on his feet), encouraged me, saying that with the right prosthetic, I'd simply fly down the slopes. So, I accepted the challenge and have been hooked ever since!

Specialist prosthetics are very expensive. A £12,000 price tag means that other than Mc1Knee, there are no other single, above knee amputee snowboarders in the UK lucky enough to possess one. It is thanks to the charity Navy Wings and a particularly generous private donor that Scott was gifted a prosthetic that will enable him to pursue his sporting dream.

'I feel extremely lucky to have two amazing charities that have come together to make my snowboarding aspirations possible. My prosthetic has placed me in a unique position and I'm enormously grateful for the opportunity I've been given.'

What is your next sporting goal?

'I've been snowboarding with my new leg for the last five months. This season, my aim is to get Paralympic classification and take part in a few key races. I want to see how I go on the

competition front, learn how to maximise my strengths and work on my bad points. Then I'm off to Colorado with AFPST. It'll be my first chance to ride on the side of a mountain and I can't wait!

How do you feel the charity has helped you?

'AFPST has been amazing. Not just on the snow, but off it too. We're a close-knit group of people who inspire, encourage and help each other out. There has been a lot of experimentation going on with prosthetics. We challenge ourselves to find out how we can make things work and are not afraid to try something new. A certain amount of trial and error is necessary. At one point my walking prosthetic may have come into contact with a hacksaw in an attempt to create a bit more control on the snow. It definitely gave me more edge, although was not so great for walking on afterwards!

My aim is to head for the winter Paralympics in 2022. The next season is already set out with lots of training and competitions. Wow - I've only been snowboarding for five months but already I have a detailed pathway that will help me achieve my goals. It's become my life; my plan. It's changed everything. My whole family is learning to snowboard, so it will be an activity we can enjoy together. It is thanks to the AFPST and all those involved, that I am where I am today.'





Kevin Drake – Para Alpine

Royal Engineer veteran, Kevin Drake, left the army in 2008 having served twelve years. Nine months later, he re-joined, having missed the camaraderie and sense of purpose the Forces gave. By December 2012, Kevin was part way through his second tour of Afghanistan when he was caught up in an explosion. Miraculously, he walked away from it unharmed. A month later when his vehicle came into contact with an IED he was less fortunate. The shock waves were so severe, they shattered his leg bones below both knees.

Recovery was slow and painful. Kevin lived his life split between Headley Court and home for three long years in an attempt to save his legs. By 2016, although his right leg had sufficiently recovered, the constant pain in his left had become unbearable. Kevin made the difficult decision to undergo an elective amputation. Within five weeks of the operation, he had fully recovered and was able to play with his children again, pain free.

Bridging the gap...

This was a time to take stock and find a new goal. Competitive sport seemed like the perfect solution. In 2017, Kevin attended the Invictus Games Trials, successfully competing in wheelchair tennis and basketball before going on to represent his country.

After the Games ended, Kevin needed to find a new focus, so he looked to the slopes. He first tried skiing with his prosthetic leg in February 2018 and soon set his sights on becoming part of the AFPST Performance Team.

What's different about skiing with a prosthetic?

"Skiing with a prosthetic leg isn't straight forward, but thanks to some great coaching my alpine technique has been transformed. We had to strip everything back and start from scratch.

Ordinarily, when skiing, you would initiate movement from your toes before working up your legs. With a prosthetic, I have to start with my knee instead. As a result, there's less feedback and I can't apply as much pressure to my prosthetic as I can to my other leg. Interestingly, after a long, hard day on the slopes, it's my damaged right leg that can leave me in agony".

What has the charity done for you?

"AFPST has enabled me to ski full-time at a competitive level. The coaches are second to none – I mean, absolutely brilliant. I feel immensely privileged to put the kit on and feel part of a team again.

The Army was more than just a job. Being part of such a tight knit group of people who you'd trust your life with – that's something special. Overnight, it was all taken away. I had to find something to fill the huge void it left behind. That's what this charity has done for me and I'm more grateful than I can say".





Jonny Huntington Nordic Skier

Former soldier and ultra-marathon runner, John Huntingdon is a man on a mission. His aim; to reach the South Pole in 2022. With the support of the AFPST, he is on track to achieve his goal.

John's story:

In 2014, John was a serving member of the Adjutant General Corps and a dedicated ultra-marathon runner; then, without warning, his life changed. John sustained a severe brain haemorrhage that left him paralysed down his left-hand side. Although intensive rehabilitation has helped him regain some feeling, John has been left with a continued weakness and a persistent limp that put a stop to his soldiering career.

'I had my first encounter with AFPST in February 2016, twenty months after my injury. I was particularly interested in the idea of Nordic competition. I used to run ultra-marathons prior to my injury at a reasonable standard. I wanted to get back into competing and take on the hills. Nordic skiing would be the closest I would get to doing what I used to do without being able to run, so I joined the team on their second Nordic camp and have been hooked ever since.'

Tell us about the Paralympic Inspiration Program

'Everyone needs a goal in life. With the help of AFPST and their Paralympic Inspiration Program I am able to set my aspirations at the very highest level. The fitness required to get to this standard is equal to that of an able-bodied skier; so quite a challenge. There are no shortcuts to success. There's far more to it than working out in the gym and getting your nutrition right.

I never attempted Nordic skiing before my injury, although I had tried alpine in the past. It is a totally different sport, requiring a completely new skill set. The snow itself is the only common denominator'.

How has AFPST helped on your recovery pathway?

'It is easy to underestimate the impact of an injury; to not realise how different life can become. Before I was injured, I was a soldier and a runner. Literally over night, I couldn't do either. AFPST has given me something else to care about and work towards. I have a focus, something to train for, something to excel at. It's rare to find an activity you genuinely love doing. It used to be soldiering and running for me. Now it's Nordic skiing. From my perspective, I wouldn't be able to afford it without the charity. I wouldn't have had the support, the coaches or the chance to work alongside likeminded people. The team is hugely important. When you leave the army, especially when the choice isn't your own, it is easy to feel isolated. You miss the camaraderie. The AFPST enables us to train together and work as a team. It fills the void.

What are your aspirations?

'My aim is to travel to the South Pole in 2022. Longer term, I want to undertake more expeditions, and complete some world firsts on Nordic skis. The lifespan of a Nordic athlete means I can see myself doing this for some time. I need and want to train more, so I can push forward and see what can be achieved'.

Charity Reference and Administrative Information

Full Name:

Armed Forces Para Snowsport Team

Working Title:

AFPST

Charity Registered Number:

1142135

Company Registration Number :

7646099

Registered Office Address:

The Broadgate Tower,
Third Floor,
20 Primrose Street,
London, EC2A 2RS

President (non-trustee):

Lieutenant General Paul Jaques CBE

Chairman:

Maj Gen (Retd) Graham Binns CBE DSO
MC

Board of Trustees:

CEO Brig Fred Hargreaves OBE
CFO Col Andy Cox MBA
COO Maj Elizabeth Winfield
CIO Brig Mark Pullan MBE
Jill Ahrens
Mr David Claridge
Mr Clive Jecks
Lt Col (Retd) Spencer Bull

Company Secretary:

Reed Smith Corporates Services Limited

Accounts Independent Examiner:

Lt Col Rutherford AGC (SPS) FCMA CGMA
Bankers

Bank Account:

Royal Bank of Scotland, Holts RBS branch

Solicitors:

Reed Smith LLP,
The Broadgate Tower,
Third Floor,
20 Primrose Street,
London, EC2A 2RS

Structure, Governance and Management

The charity is governed by a Board of Trustees, who are ultimately responsible for the Charity's strategic direction, supported by its committees (DIRECT and ASSURE). The day-to-day running of the Charity (GENERATE and OPERATE) is the responsibility of the Chief Executive and his or her Executive Management Group (EMG). This governance structure complies fully with the Code of the Voluntary and Community Sector, which is endorsed by the Charity Commission and is illustrated at Figure 2 below:

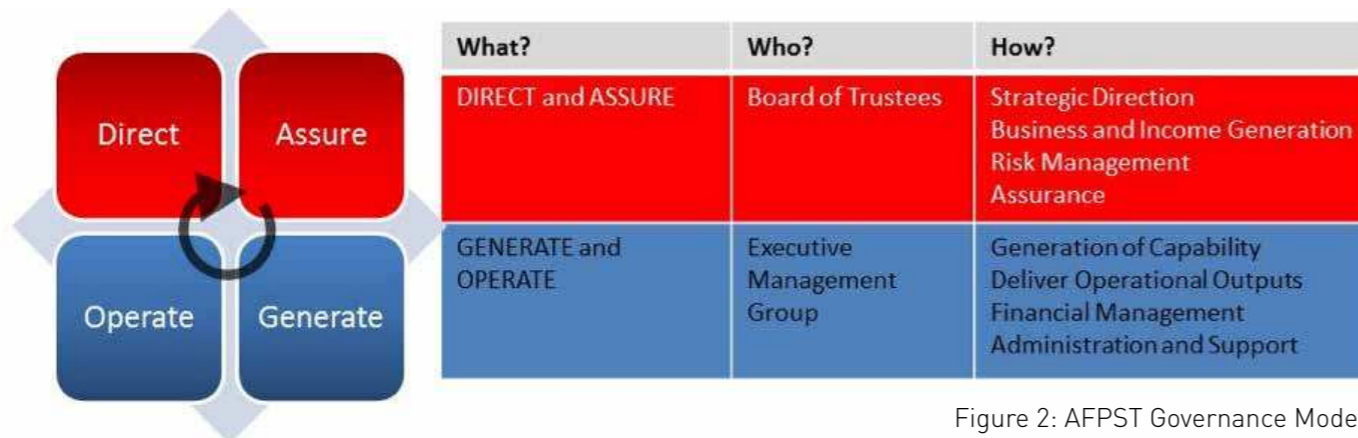


Figure 2: AFPST Governance Model

That Governance Model is made operational through the Charity's governance structure and hierarchy that is illustrated at Figure 3 below:

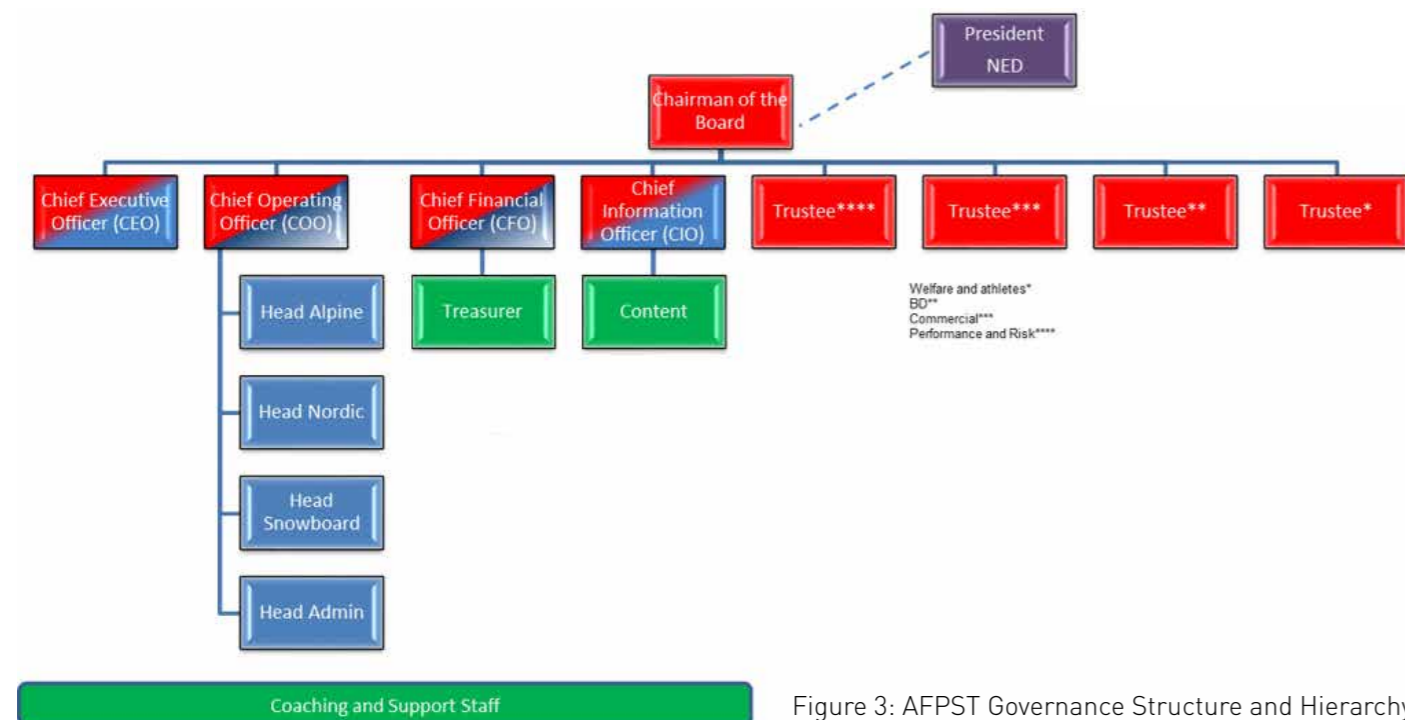


Figure 3: AFPST Governance Structure and Hierarchy

Articles of Association

The organisation's Articles of Association include revised Charitable Purposes that state the following outputs (among other activities):

'The promotion of efficiency of the Armed Forces of the Crown through the encouragement, support and provision of adaptive winter sports activities for wounded, injured or sick service personnel' and

'The relief in need and promotion of healthy recreation, of wounded, injured or sick veterans through the encouragement, support and provision of adaptive winter sports activities.'

Our Vision

Supporting the recovery of our wounded, sick and injured military personnel and veterans through the restorative power of competitive sport.

Our Mission

To BUILD and SUSTAIN a programme of adaptive snowsports in order to ENHANCE the recovery of wounded, injured and sick service personnel and veterans.

To DELIVER the opportunity for beneficiaries to DEVELOP a new sense of freedom and confidence, contributing to the transformation of their lives.



Our Values

Daring

We challenge perspectives and innovate to push new boundaries

Respectful

We maintain a culture of inclusivity and tolerance

Passionate

We are an all-volunteer charity, we are committed and dedicated to transforming lives

Integrity

We are intrinsically associated with the Armed Forces of the Crown and act accordingly

Inspirational

We create opportunities and inspire others through our actions

Transparent

We are open and honest with our policies, governance and relationships

Financial Review



AFPST continues to operate its own bank accounts in the UK, maintaining full accounting records and utilizing a system of pre-loaded Mastercards (provided by FairFX) to help control the majority of the spend. Under the direction of the Chief Financial Officer, the Management Group conduct a rolling 5-year financial planning exercise; building the income base in line with the increasing demands. The Finance Committee and Management Group meet quarterly to forecast and control the spend and monitor the income.



Supporters and Donors

We remain reliant upon the support and resources of private and corporate donors. Our relationship with Team Army (Team ETHOS) remains critical, with their economies of scale able to channel resource into AFPST from a broad spectrum of corporate donors. Leonardo remains a much valued, enduring supporter with their innovative employee engagement fund-raising and awareness partnership.

We continue to benefit from, and explore the wider opportunities of accessing funding through **charitable trusts. We remain a benefactor of the Army and The Royal Air Force Benevolent Fund, the Scott-Erdeine Trust, Veterans Foundation and Help for Heroes. We are delighted that the Royal Endeavour Fund** have made a long-term commitment to AFPST and we intend to deepen that relationship in the year ahead. Underpinning these vital donor streams of income are two financial pivot points, an annual fund-raising gala dinner and a series of sponsored challenge events. This year we hosted a superb gala dinner, thanks to the assistance of Allen and Overy. Our support base also conducted a series of challenges including an ultra-marathon in Finland and a 24-hour ski marathon (on a dry slope at Bath University). Trend Micro climbed the height of Everest on a UK climbing wall and Astute organised a fabulous Golf Day to help raise awareness of the charity. In addition, many of our athletes have participated in Marathons and Triathlons – one cycling the length of the UK.

Finance Processes

Details of our financial processes are set within the Finance Directive, reviewed annually by the CFO. This document provides the financial governance for AFPST and empowers the Finance Committee to act upon the strategy.

The Finance Committee drives the financial planning, management and reporting for both 'in-year' and the broader strategic financial programme. Its principal outputs are:

- 4-year detailed budget proposal for agreement by the Board of Trustees.
- Preparation of draft accounts for submission to the Board of Trustees.
- In year quarterly review of accounting procedures, checks and balances.
- Input to the AFPST Board on all financial matters.

Bank Accounts

AFPST operates three bank accounts and one corporate card account with FairFX:

- RBS Holts Branch Sterling Current Account.
- RBS Holts Branch interest earning Sterling Sweeper Account.
- RBS Holts Branch 95-day deposit account.

Audit and Overall Financial Position

An independent examination of accounts has been made at the end of this financial year (30th April) by Lt Col DJ Rutherford MBA FCMA CGMA. His audit report is submitted to Companies House and to the Charity Commission with the accounts and is attached for submission.

The amount of free reserves or income, freely available to the charity at the time of the independent examination, was £179, 535.

The amount of money being carried forward this year, £179, 535 is in line with the charity's objective of building a sustainable financial platform to deliver our outcomes, while securing appropriately scaled reserves.

Future Intentions

AFPST intends to build upon the strong relationships we have with our donors and trust foundations, whilst maximizing the advantage of the Libor Funding Grant. This has been granted for this year (18/19) and the next two financial years (19/20 and 20/21). While this welcome funding stream will allow for a sharp increase in Snowboard and Nordic activity, it is essential that the Charity builds alternative funding to match and maintain the enhanced levels of commitment beyond Libor in 2021. Concurrently we must continue to invest energy and time into an annual Gala Dinner and fund-raising challenge.

The financial target for the next two years is to secure an enduring £450K. This will enable AFPST to maintain the enhanced level of activity and support our beneficiaries require for the long-term. Concurrently, it will also allow us to grow sufficient reserves to meet the commitments we have made to our beneficiaries at the beginning of each financial year. Throughout, spend will be prudently planned and controlled to provide the maximum, sustainable benefit to as many beneficiaries as possible.

Going Concern

The Directors consider that Armed Forces Para-Snowsport Team (AFPST) remains a Going Concern and have no reason to suspect that this status will change during the forthcoming year.

AFPST and the year ahead

At the Foundation level, we intend to grow all three disciplines, offering the transformational impact of adaptive snow sport to even more injured, wounded or sick serving military personnel and veterans. We will continue to push boundaries and challenge perception by encouraging our athletes to try something new. There will be plenty of Foundation camps and military competitions to attend throughout the year. We also intend to show case the first ever adaptive Nordic expedition next winter, so watch this space!

As for our elite performance squad, we will be working in partnership with GB Snowsport to pioneer an elite pathway across all areas. Our focus will be the 2022 Winter Paralympic Games in Beijing, where we hope to have multiple representation across all three disciplines.

How to get involved

Our achievements are only possible due to the selfless commitment of our trusted volunteer coaches and support staff, for which we are forever grateful. If you would like to offer your time and expertise to AFPST, we would love to hear from you.

Major Elizabeth Winfield is currently the Chief Operating Officer for AFPST, a keen Nordic skier and a volunteer.

"I have learnt so much from our athletes, they have been my life changing moment. Now I want to make a difference to my life and others. I want to inspire my three children that they can make a difference too".

Volunteering your time and skill set to the charity is just one way of giving back. We are an all-volunteer led organisation entirely dependent upon the generosity of our private and corporate donors to fund our efforts. Why not embark on your own lifetime challenge and raise money for this worthwhile cause?

Former International rugby legend and Ambassador for AFPST, Tim Stimpson reflects on how he has learnt about true resilience and motivation through his involvement with our athletes.

"I ask you – is your larder full? Have you done everything you want to do in life? Are you satisfied with where you are and what you have achieved or are you still hungry to do more? If you've got value to add, let me assure you, whatever you give, you will receive one hundred times back.

Time spent with the team has reminded me how important it is to strive to be the person you once aspired to be. As the charity states, 'together we can make a difference'. Isn't that what life's all about?"

Finally, if you know of a serving member of the Armed Forces or veteran currently undergoing their own recovery pathway, who might benefit from some competitive snow sport, do urge them to get in touch. Details can be found on our website at www.afpst.co.uk.

Independent examiner's report to the trustees of the Armed Forces Para-Snowsport Team – Charitable Company Number 7646099

I report on the accounts of the Armed Forces Para-Snowsport Team for the year ended 30 April 2019, which are set out on pages 25 to 28.

Responsibilities and basis of the report

As the charity's trustees (and also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ('the 2011 Act') and that an independent examination is needed.

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm I am qualified to undertake the examination by being a member of the Chartered Institute of Management Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Lieutenant Colonel D J Rutherford MBA FCMA CGMA

31 December 2019

Army Headquarters, Blenheim Building
Marlborough Lines, Monxton Road
Andover, Hampshire
SP11 8HT

Statement of Financial Activities for Armed Forces Para-Snowsport Team

COMPANY NUMBER: 7646099

for the year ended April 2019 incorporating an Income and Expenditure Account

	Notes	Unrestricted Funds £	Restricted funds £	Endowment Funds £	Total Funds £	Prior Year Total Funds £
Incoming resources						
Voluntary income	2	456,914	0	0	456,914	285,704
Investment income	2	524	0	0	524	142
Total incoming resources		457,438	0	0	457,438	285,846
Resource expended						
Costs of generating voluntary income	3	39,592	0	0	39,592	24,624
Charitable activities	4	334,753	0	0	334,753	327,824
Governance costs	5	9,105	0	0	9,105	3,873
Total resources expended		383,450	0	0	383,450	356,321
Net income/(expenditure) for the year		73,988	0	0	73,988	(70,475)
Other recognised gains/losses						
Depreciation of Fixed Assets		(21,566)	0	0	(21,566)	(12,979)
Net movement in funds	9	52,422	0	0	52,422	(83,454)
Reconciliation of funds						
Total funds brought forward		151,669	0	0	151,669	237,768
Adjustment to previous period figures		0	0	0	0	(2,645)
Total funds carried forward		204,091	0	0	204,091	151,669

The Statement of Financial Activity includes all gains and losses in the year. All incoming resources and resources expended derived from continuing activity.

Balance Sheet as at 30 April 2019

	Notes	2018/19 £	2017/18 £
Total fixed assets	8	24,556	46,122
Current assets:			
Debtors		0	0
Pre-Payments		0	0
Cash in the bank and in hand		179,535	105,547
Total current assets		179,535	105,547
Liabilities			
Creditors: amounts falling due within one year		0	0
Net current assets or liabilities		179,535	105,547
Total assets less current liabilities		204,091	151,669
The funds of the charity:			
Unrestricted funds		204,091	151,669
Restricted funds		0	0
Total charity funds		204,091	151,669

The accounts for the year ending 30 April 2019 were prepared in accordance with the special provisions in Part 15 of the Companies Act 2006 relating to small companies, namely:

For the year in question (2018/19), the company was entitled to exemption (from the requirements relating to preparing audited accounts) under Sections 475 and 477 of the Companies Act 2006;

No Member or Members entitled to do so have deposited a notice requesting an audit within the specified time period; and

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and for preparing accounts, which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year in accordance with the requirements of Sections 394 and 395 (duty to prepare individual company accounts and applicable accounting framework), and which might otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

Approved by the Board of Trustees 9 January 2020 and signed on its behalf by:



Maj Gen (Retd) Graham Binns CBE
AFPST Chairman

Notes forming part of the Financial Statements for the year ended 2018/19.

1. Accounting Policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year:

1.1 **Accounting Convention.** The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014.

1.2 **Fund Accounting.** The Charity holds an unrestricted General Purpose Fund. This fund can be used at the discretion of the Trustees to further the objectives of the Charity. The Charity currently has no designated, restricted or endowment funds.

1.3 **Incoming Resources.** All incoming resources are included in the statement of financial activity when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy: Voluntary income is received in the way of grants, donations and gifts and is included in full in the Statement of Financial Activity (SoFA) when receivable.

Donated services and facilities are included at the value to the Charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.

1.4 **Resources Expended.** Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT that cannot be fully recovered, and is reported as part of expenditure to which it relates:

Cost of generating funds comprise the costs associated with acquiring voluntary income.

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the Charity. They include the costs linked to the strategic management of the charity.

1.5 **Fixed Assets.** Fixed assets consist of ski clothing and specific ski/support equipment. Each individual item is low in value but collectively has a high value. In order to reflect this collective value, they have been included in the fixed asset register at cost per batch purchased, less accumulated depreciation. The cost of minor additions or batches below £500 is not capitalised. Depreciation is provided at a rate calculated to write off the cost of each batch of assets over its expected useful life, which is estimated to be 3 years. Skis, boots and bindings are not capitalised as their expected useful life is estimated to be no more than a year.

2. **Incoming Resources.** The Charity relies almost entirely on donations and other support to fund charitable activities. In addition to support from corporate and individual donors, grants have been received from a number of Service charities to assist with both the procurement of equipment and to support the charity's development. A small amount of investment income is received in the form of bank interest.

3. **Cost of generating funds.** The figure reflects the funds utilised in securing donations and sponsorship.

4. **Charitable Activities.** These are the costs relating to the team travelling to training and competition events, accommodation, lift passes and other team costs. Expendable property and maintenance of capital property used by the team are charged to this category, as are direct support costs.

5. **Governance Costs.** These are costs associated with running the charity and include legal expenses and insurance costs.

6. **Trustee Remuneration and Related Party Transactions.** No member of the Trustee Board received any remuneration during the year.

7. **Taxation.** As a charity, Armed Forces Para-Snowsport Team (formerly Combined Services Disabled Ski Team) is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable gains Act 1992 to the extent that these are applied to charitable objectives. No tax charges have arisen in the Charity.

8. Tangible Fixed Assets

Ski equipment and clothing	£
Cost	
Balance brought forward	64,699
Additions	0
Disposals	(21,847)
Balance carried forward	42,852
Accumulated depreciation	
Balance brought forward	18,577
Disposals	(21,847)
Charge for year	21,566
Balance carried forward	18,296
Net book value	
Bought forward	46,122
Carried forward	24,556

9. Movement in funds

Name	As at 1 May 2018 £	Adjustment £	Incoming Resources £	Outgoing resources £	As at 30 April 2019 £
Restricted funds:	0	0	0	0	0
Unrestricted funds:	151,669	0	457,438	405,016	204,091
Total funds	151,669	0	457,438	405,016	204,091

The AFPST currently has no designated, restricted or endowment funds.

Thank you to our supporters:



Annual Report 2018/19

www.afpst.co.uk

Registered charity No. 1142135

For more information please contact Elizabeth Winfield on nordic@afpst.co.uk or 07508 015 053